

PROFESSIONAL NUTRITION SPECIALIST



**The Iridology Alternative
USM for Natural Living™**

Professional Nutrition Specialist	<p>Food As Medicine, Philosophies of The Natural Laws of Cure Personal Fitness Training</p> <p>Good Health is Great Wealth</p>
Sports Nutrition	
Basic Herbalogy	
Iridology	
Professional Trainer	<p>Apachula Hursey 720.291.6727 Apachula@comcast.net</p>
Medical Exercise	

PACKING SERVICES FOR HOUSEHOLDS

**SHILDA'S
PACKING SERVICE**

Call us for assistance, If you are: Moving, going on vacation, need temporary storage, or are selling or buying a business.

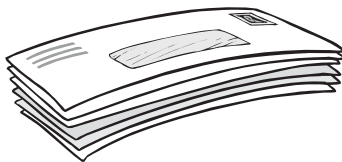
- We'll Pack Anything and Everything
- Nothing is Too Fragile or Too Large
- We Provide Professional Packers
 - Flat Fees and Low Rates
 - 100% Satisfaction Guaranteed
- We're Insured, Have 10 Years Experience

Contact Your Professional Packers At:
 ShildaBlake@yahoo.com
(720) 436-1864 Cell Phone
(303) 797-5496 Office
 Call or E-mail For FREE Estimates

MAILING LISTS & SERVICES

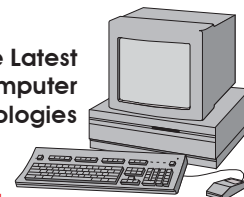
For twelve years we have specialized in helping our clients to reach the following Denver Metro Marketplaces:

- Churches, schools & ministries
- Para-church organizations
- Christian businesses
- New home owner families
- Active Christian families



We'll help to accomplish your mailings on time ... from planning, typesetting, printing, collating, stuffing, addressing, and bulk mailing drop.

We Employ the Latest Available Computer Technologies



Labels, Lists & Diskettes

- ★ Marketing Studies
- ★ New Homebuyer Lists
- ★ New Neighbors Lists

Mailing Services

- ★ Ad Reprint Mailings
- ★ Personalized Letters
- ★ Residential Mailings
- ★ Direct Mail Services

Consulting Services

- ★ Software Installations
- ★ New Business Development
- ★ Prepare Advertising Materials
- ★ Planning Marketing Programs

DENVER CHURCH GUIDE SERVICES, INC.

P.O. Box 39206, Denver, Colorado 80239-0206

Call (303) 373-9977 or E-mail jwitwer@aol.com For Free Consultation